

MEETING THE NEEDS OF ADOPTED CHILDREN

- Race/Racism
- Talking About Adoption with Others

Webinar:

Beyond Culture Camp: Promoting Healthy Identity Formation in Adoption

The webinar features Adam Pertman, Executive Director of the Evan B. Donaldson Adoption Institute, reviewing key findings from a study of more than 450 adult adoptees that were surveyed to better understand the complex and inter-related impacts of being adopted and being raised by parents of a different ethnicity. Ending with practical recommendations for adoptive parents on how to promote a healthy sense of self in their transracially placed children. Following this review, transracially placed adult adoptees Tara Leaman and Aaron Stigger give their personal perspectives on the topic as well as address common questions.

Holt's Transracial Parenting Curriculum:

Holt's Transracial Parenting online curriculum- accessible through Holt's country program handbook or Holt Post Adoption Services webpage: <http://www.holtinternational.org/pas/adoptive-parent/transracial-parenting-curriculum/>

Books:

Black Baby, White Hands: A View From the Crib
by Jaiya John

Dim Sum, Bagels and Grits: A Sourcebook for Multicultural Families
by Myra Alperson

Does Anybody Else Look Like Me? A Parent's Guide to Raising Multicultural Children
by Donna Jackson Nakazawa

Finding My Voice
by Marie G. Lee

Gift Children: A Story of Race, Family and Adoption in Divided America
by J. Douglas Bates

I'm Chocolate, You're Vanilla: Raising Healthy Black and Biracial Children in a Race Conscious World
by Marguerite Wright

In Their Own Voices: Transracial Adoptees Tell Their Stories
by Rita J. Simon & Rhonda Roorda

In Their Parents' Voices: Reflections on Raising Transracial Adoptees
by Rita Simon and Rhonda Roorda

In Their Siblings' Voices: White Non-Adopted Siblings Talk About Their Experience Being Raised with Black and Biracial Brothers and Sisters
by Rita Simon and Rhonda Roorda

Inside Transracial Adoption
by Gail Steinberg and Beth Hall

The Lost Daughters of China: Abandoned Girls, Their Journey to America and the Search for a Missing Past
by Karin Evans

Loving Across the Line: A White Adoptive Mother Learns About Race
by Sharon Rush

Outsiders Within: Writing on Transracial Adoption
by Jane Jeong Trenka, Julia Chinyere Oparah and Sun Yung Shin

Transracial Adoption: Children and Parents Speak
by Constance Pohl and Kathy Harris

Transracial Adoption and Foster Care
by Joseph Crumbley

Weaving a Family: Untangling Race and Adoption
by Barbara Katz Rothman

Yellow: Race in America Beyond Black and White
by Frank Wu

In On It: What Adoptive Parents Would Like You To Know About Adoption. A Guide for Relatives and Friends. (Mom's Choice Award Winner)
by Elisabeth O'Toole

Adoption and the Schools: Resources for Parents and Teachers
by Lansing Wood & Nancy Sheehan Ng

Adoption is a Family Affair: What Relatives and Friends Must Know
by Patricia Irwin Johnston

Are Those Kids Yours?: American Families With Children Adopted From Other Countries
by Cheri Register

Cross Cultural Adoption: How to Answer Questions from Family, Friends & Community
by Amy Coughlin and Caryn Abramowitz

Designing Rituals of Adoption for the Religious and Secular Community
by Mary Martin Mason

In on it: What adoptive parents would like you to know about adoption
by Elisabeth O'Toole

When Friends Ask about Adoption
by Linda Bothun

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• Parenting Adopted Children

Books:

[The Connected Child: Bring hope and healing to your adoptive family](#)

Written by: Dr. Karyn Purvis et. Al.
The adoption of a child is always a joyous moment in the life of a family. Some adoptions, though, present unique challenges. Welcoming these children into your family—and addressing their special needs—requires care, consideration, and compassion.

[Parenting From the Inside Out](#)

Written by: by Daniel J. Siegel, MD & Mary Hartzell
In *Parenting from the Inside Out*, child psychiatrist Daniel J. Siegel, M.D., and early childhood expert Mary Hartzell, M.Ed., explore the extent to which our childhood experiences shape the way we parent. Drawing on stunning new findings in neurobiology and attachment research, they explain how interpersonal relationships directly impact the development of the brain, and offer parents a step-by-step approach to forming a deeper understanding of their own life stories, which will help them raise compassionate and resilient children.

Adoption Parenting: Creating a Toolbox, Building Connections
by Jean MacLeod and Sheena Macrae

Beyond Consequences, Logic and Control: A Love-Based Approach to Helping Attachment-Challenged Children with Severe Behaviors

by Heather T. Forbes and B. Bryan Post

Brothers and Sisters in Adoption
by Arleta James

A Child's Journey Through Placement
by Vera Fahlberg

The Connected Child: Bringing Hope and Healing to Your Adoptive Family

by Karyn Purvis and David Cross
(highly recommended)

Launching a Baby's Adoption
by Patricia Irwin Johnston

Parenting Adopted Adolescents: Understanding and Appreciating Their Journey

by Gregory C. Keck

Parenting the Hurt Child: Helping Adoptive Families Heal and Grow
by Gregory Keck and Regina Kupecky

Parenting Your Adopted Child
by Andrew Adesman

Parenting Your Internationally Adopted Child
by Patty Cogen

Raising Adopted Children
by Lois Melina

Real Parents, Real Children: Parenting the Adopted Child
by Holly Van Gulden and Lisa M. Bartels-Rabb

Shared Fate: A Theory and Method of Adoptive Relationships

by H. David Kirk

The Whole Life Adoption Book: Realistic Advice for Building a Healthy Adoptive Family

by Jane E. Schooler

Caring for Your Baby and Young Child

by American Academy of Pediatrics

Easy to Love, Difficult to Discipline
by Becky A. Bailey

The Five Love Languages of Children
by Gary D. Chapman and Ross Campbell

How to Talk So Kids Will Listen and Listen So Kids Will Talk

by Adele Faber

I Love You Rituals
by Becky A. Bailey

Siblings without Rivalry
by Adele Faber and Elaine Mazlish

Parenting from the Inside Out
by Daniel Siegel

Positive Discipline
by Jane Nelson (series)

The Whole-Brain Child
by Daniel Siegel and Tina Payne Bryson

MEETING THE NEEDS OF ADOPTED CHILDREN

- Adoption Medicine
- General

Websites:

Holt's list of International Doctors:

<http://www.holtinternational.org/waitingchild/resources.shtml#doc>

Holt's Medical Organizations:

<http://www.holtinternational.org/waitingchild/resources.shtml#med>

Pediatricians - American Academy of Pediatrics

www.aap.org

Parents can use this database to find a pediatrician experienced with adopted children

National Organization on Fetal Alcohol Syndrome

www.nofas.org

University of Minnesota, International Adoption Medicine Program

www.med.umn.edu/peds/iac

UM started the first international adoption clinic in the US and continues to be a leader in issues related to international adoption

National Institute on Deafness and Other Communication Disorders

www.nidcd.nih.gov/health/voice/speechandlanguage.asp

ADHD-Children and Adults with Attention-Deficit/Hyperactivity Disorder (CHADD)

www.chadd.org

Information about this disorder and help with IEP and 504 plans

National Alliance of the Mentally Ill

www.nami.org

This organization is for the family members of a person with a mental illness such as depression or bipolar disorder

Adoptive Families Magazine medical section:

www.adoptivefamilies.com/medical

The Feeding Doctor:

www.thefeedingdoctor.com

International Adoption Medical Clinics:

www.comeunity.com/adoption/health/clinics.html

Books:

Adoption Medicine: Caring for Children and Families

by American Academy of Pediatrics, edited by Patrick W. Mason, Dana E. Johnson and Lisa Albers Prock

The Handbook of International Adoption Medicine: A Guide for Physicians, Parents, and Providers
by Laurie Miller

Helping Your Child with Extreme Picky Eating

by Katja Rowell, MD

Love Me, Feed Me: The Adoptive Parent's Guide to Ending Worry About Weight, Picky Eating, Power Struggles

by Katja Rowell, MD

Family Medical Leave Act:

www.dol.gov

Covered employers must grant eligible employees up to a total of 12 work weeks of unpaid leave during any 12-month period for placement of a son or daughter through adoption or foster care.

General Resources:

Adoption

www.adoption.com

Comprehensive site travel tips, self-care, CDs of adoption songs, the mall of adoption resources

Center for Adoption Support and Education (CASE)

www.adoptionsupport.org

National resource for families and professionals and this is where to get the W.I.S.E. Up Powerbook and the S.A.F.E. at School programs

Free Resources from Center for Adoption Support and Education (CASE):

BOOKS: <http://adoptionsupport.org/education-resources/for-professionals/free-resources-links/bibliography-of-adoption-related-books/>

An excellent Bibliography of adoption related books on multiple topics

[Adoption Today](#)

[Adoptive Families Magazine](#)

[Adoption Learning Partners](#) (online adoption curriculum)

[Adoption Learning Partners – Adoptive Parenting Pathways](#) (resource database for parents)

[Adoption Referral & Information Service](#)

For more information, please contact Holt International at 541-687-2202 or info@holtinternational.org