



Adoptive Parent Training Requirements Phase 2

Adoptive parents are best prepared to meet the complex needs of adoptive children when they are provided with extensive, ongoing, supportive training and preparation. At Holt, required training occurs in three phases throughout the adoption process, and families are informed of these requirements at time of application. Detailed information about the three phases can be found in the [online handbook](#).

The information below details Phase 2 of the parent training, which is required to be completed prior to placement for all families. Depending on your country program, you might have additional training requirements – please see the online handbook to confirm.

Read *The Connected Child* by Karyn Purvis and David Cross – 5 credit hours

Once completed, please submit a [Learning Statement worksheet](#) to your family portal. Can be found on Amazon, here: [The Connected Child](#)

Know Your Attachment Style – 1 credit hour

This article explains adult attachment styles and their influence on attachment behaviors in children by birth and then how they interface with older adopted children (toddler and older). Please read the article and submit a [Learning Statement worksheet](#) to your family portal. Know Your Attachment Style is located in your handbook, under Parent Training – Meeting the Needs of Adopted Children or here using this link: [Know Your Attachment Style Article](#)

Complete two free sexual abuse trainings by the National Council for Adoption- 3 hours [Sexual Trauma](#)

Sexual Trauma and Parenting a Child with a History of Sexual Trauma.

These trainings discuss the indicators of sexual abuse and the impact of interrupted sexual development, and highlight the unique challenges associated with parenting children who have been sexually abused. The potential risk factors for children who have experienced sexual trauma, including re-victimization, sexual trafficking, and re-enactment behaviors, are covered. Effective parenting strategies that can help keep children safe and help them heal from sexual trauma are highlighted.

Additional topic resources: [Sexual Abuse and Behavior Supports](#)

Ongoing Education – 12 credit hours annually

At Holt, families are expected to continue learning about how to meet an adopted child's needs and the adjustment for the entire family throughout their adoption process. Families will need to complete 1 credit hour/month between their home study approval and placement of their child. This means, on an annual basis, families need to complete 12 hours of education focused on adoptive parenting. If you travel 18 months following your home study approval, you will need 18 credit hours of ongoing education prior to travel. Please submit any certificates or [Learning Statement worksheets](#) to your family portal. Ideas for ongoing education include:

- Attend Holt's monthly pre-placement support groups (dates/times and links provided in the monthly country program newsletters) – 1 credit hour/month
- Listen to adoption focused podcasts and complete the Learning Statement worksheet. Podcast ideas: The Adoptee Next Door, The Empowered Parent, Adoption Wise, The Baffling Behavior Show - 1 credit hour
- Read (or listen to) a book focused on adoption, childhood trauma, attachment, etc and complete the Learning Statement worksheet. Book ideas: *The Connected Parent* by Karyn Purvis & Lisa Qualls, *The Power of Showing Up* and *The Yes Brain* by Daniel Siegel & Tina Payne Bryson, *Attaching through Love, Hugs and Play* by Deborah Gray, *Securely Attached* by Mike & Kristin Berry, *Reclaim Compassion* by Lisa Qualls & Melissa Corkrum, *You Should Be Grateful* by Angela Tucker – 5 credit hours/book
- Attend a webinar or training featured in the monthly country program newsletter – typically 1 credit hour
- Dive into more TBRI training by watching videos produced by [Karyn Purvis Institute of Child Development](#) and completing a Learning Statement worksheet – 3 credit hours per video

***Some country programs have additional parent training requirements. Please refer to your [online handbook](#) for details unique to your country program.

Please upload a copy of all your worksheets and completion certificates to your family portal for your permanent file and notify your Country Case Manager of completion.